


ORTHOCANADA



NuStep Recumbent Cross-Trainer

Life- Changing Exercise Machines



NuStep is the most popular total body exerciser for rehab and post-rehab patients. They require minimal maintenance, are user friendly and versatile. Anyone with a functional limitation can benefit from the NuStep as long as they have one working extremity, just as athletic people can push themselves to the limit, getting a strong cardio workout.



NuStep T4r

The T4r is the most popular recumbent cross trainer in the healthcare and fitness industries, and has become a leading choice for home exercise too. Healthcare professionals around the world have demonstrated that the T4r provides safe and effective exercise for individuals of nearly all fitness and ability levels. By enabling independent control of step length, resistance level, pace, and exercise duration, the T4r provides treatment flexibility for therapists and a greater feeling of control and independence for users.

T4r Stability Essentials Bundle

A Unilateral Leg Stabilizer Configuration (1 leg stabilizer), 1 WellGrip set (one right hand and one left hand), 1 Seat Belt & Foot Secure System.

T4r Total Essentials Bundle

A Bilateral Leg Stabilizer Configuration (2 leg stabilizers), 1 WellGrip set (one right hand and one left hand), 1 Seat Belt & Foot Secure System.

OC-040070R

NuStep T4r

Accessories

OC-040070R-45670	Foot Secure System
OC-040070R-45640	Unilateral Leg Stabilizer kit
OC-040070R-45637	Bilateral Leg Stabilizer kit
OC-040070R-45683	WellGrip set
OC-040070R-51877	Polar Transmitter Belt
OC-040070R-41815	Floor Mat
OC-040070R-45893	T4r Total Essentials Bundle
OC-040070R-45895	T4r Stability Essentials Bundle





NuStep T5

The T5 models are the result of collaboration with exercise physiologists and ergonomic specialists. It offers the benefits of life transforming exercise to patients, clients, and home users alike. Virtually anyone can exercise on the T5, from persons with a disability to workout warriors. The T5 offers safe, effective, and adaptive exercise.

OC-040071 NuStep T5

Accessories

OC-040070R-45640 Unilateral Leg Stabilizer kit
 OC-040070R-45637 Bilateral Leg Stabilizer kit
 OC-040070R-45683 WellGrip set
 OC-040072-51713-SE T5XR Stability Bundle
 OC-040071-51712-TE T5XR Total Essentials Bundle

T5 Stability Essentials Bundle

A Unilateral Leg Stabilizer Configuration (1 leg stabilizer), 1 WellGrip set (one right hand and one left hand), 1 Hip and Torso Belt Set + Foot Secure System.

T5 Total Essentials Bundle

A Bilateral Leg Stabilizer Configuration (2 leg stabilizers), 1 WellGrip set (one right hand and one left hand), 1 Hip and Torso Belt Set.





NuStep T5XR

The T5XR is an industry standard when it comes to total body conditioning of the cardiovascular and muscular systems. This unit included an extended range of features, adjustments and versatility, all designed to offer the benefits of life-transforming exercise to more users. A favourite among cardiac-rehab programs across Canada, the T5XR is accessible, supportive and versatile. Whatever the user's level of fitness or ability, the T5XR offers safe, effective and adaptive exercise.

OC-040072 NuStep T5XR with Foot Secure System
OC-040080 NuStep T5XR with Oversized Seat

Accessories

OC-040072-52000 Leg stabilizer, Unilateral Bundle
OC-040072-52065 Leg stabilizer, Bilateral Bundle
OC-040071-50685 WellGrip set
OC-040072-05300 Transporter
OC-040072-51715-SE T5XR Stability Bundle
OC-040072-5714-TE T5XR Total Essentials Bundle

T5XR Stability Essentials Bundle

A Unilateral Leg Stabilizer Configuration (1 leg stabilizer), 1 WellGrip set (one right hand and one left hand), 1 Hip and Torso Belt Set.

T5XR Total Essentials Bundle

A Bilateral Leg Stabilizer Configuration (2 leg stabilizers), 1 WellGrip set (one right hand and one left hand), 1 Hip and Torso Belt Set. Foot secure system comes standard on the T5XR.





NuStep T6

NuStep's next generation recumbent cross-trainer is the workout solution for every type of user - fit, deconditioned, living with a chronic condition or recovering from an acute illness or injury. Built on the T5 frame with the same proven qualities, the T6 offers advanced features and programs to enhance any workout program.

OC-040085-PRO NuStep T6 PRO
OC-040085-MAX NuStep T6 MAX

Accessories

OC-040072-52000 Leg stabilizer, Unilateral Bundle
OC-040072-52065 Leg stabilizer, Bilateral Bundle
OC-040071-50685 WellGrip set
OC-040072-05300 Transporter
OC-040072-51715-SE T6 Stability Bundle
OC-040072-5714-TE T6 Total Essentials Bundle

T6 Stability Essentials Bundle

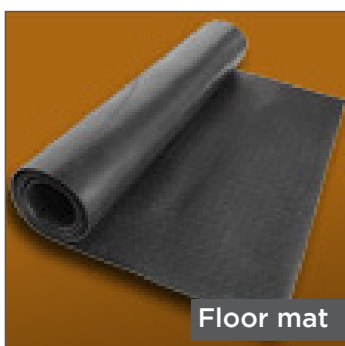
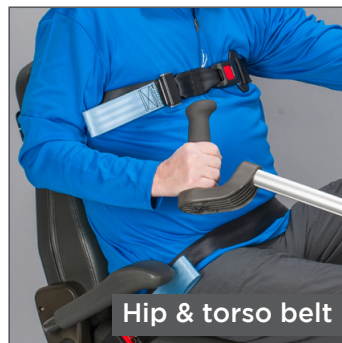
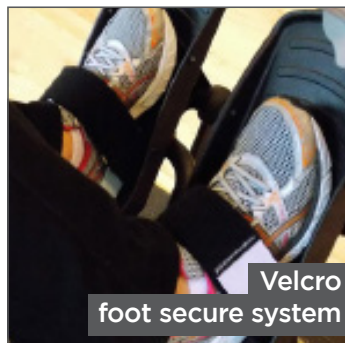
A Unilateral Leg Stabilizer Configuration (1 leg stabilizer), 1 WellGrip set (one right hand and one left hand), 1 Hip and Torso Belt Set + Foot Secure System.

T6 Total Essentials Bundle

A Bilateral Leg Stabilizer Configuration (2 leg stabilizers), 1 WellGrip set (one right hand and one left hand), 1 Hip and Torso Belt Set.



Optional Accessories



NuStep offers several optional accessories to facilitate and offer better control when using the machine.



Your OrthoCanada Sales Consultant

After 18 years as a small business account manager in the office supplies industry, Hanh took some time off to enjoy some of her interests such as traveling to her favorite destination of Hawaii as well as reading and spending time with her family.

Since 2015 she has worked with Clinic Supplies Canada, pursuing sales and account management by providing unwavering support to health professionals with their clinical needs and assisting with rehabilitation equipment purchases.

Hanh Nguyen

hanh.nguyen@orthocanada.com

1-800-561-0310 ext 1752

Home Healthcare

“...if she had a Nustep in her home, this would provide immediate access for consistently exercising 2-3 x / week as a minimum. This would assist this patient in maintaining meaningful community integration and decrease the risk of hospitalization.” - **Stuart Miller** BScPT CHT Clinical Leader NCAR, Alberta Health Services

Endorsements

■ NuStep® recumbent cross trainers have earned the Arthritis Foundation's Ease-of-Use Commendation. Products with the Ease-of-Use Commendation are proven to make life easier for people who have arthritis and other physical limitations.



■ Nustep recumbent cross trainers are widely used by patients enrolled in the exercise program of the Canadian Association of Cardiovascular Prevention and Rehabilitation.

■ Research to Examine the effectiveness of the NuStep Recumbent Cross Trainer in combination with a functional rehabilitation program after a Total Knee Arthroplasty (TKA), Total Hip Arthroplasty (THA) or hemiarthroplasty of the hip, and to determine its feasibility and safety, by the McGill University School of Physical and Occupational Therapy.

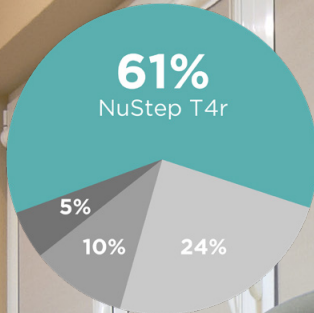


Fall Prevention

According to the Canadian Health Agency, falls account for 40% of nursing home admissions. Physically strong seniors have better balance and are less likely to fall. They also have a better chance of avoiding or recovering from a fall-related injury. Learn why NuStep is the #1 piece of rehab exercise equipment for seniors in Canada.

Best value: NuStep
Canada's first choice for seniors rehab equipment for balance, coordination, core strengthening and muscle strengthening.

61%	NuStep T4r
24%	NuStep T5xr
10%	NuStep T5
5%	NuStep Bariatric



Get expert advice at www.orthocanada.com or call us at 1-800-561-0310 ext. 1711

OrthoCanada is proud to be the exclusive dealer of NuStep in Canada.



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Linda Wojciechowicz
International Sales Director
NuStep, LLC
5111 Venture Drive, Suite 1
Ann Arbor, MI 48108
USA

February 8, 2021

To Whom It May Concern:

This letter shall confirm that NuStep, LLC authorizes Ortho Canada, to market and supply NuStep recumbent cross-trainers and accessories in Canada, to the extent to be in compliance with laws and regulations applicable to the sale of those products in Canada.

As the manufacturer's exclusive distributor to all market segments and territory in Canada, Ortho Canada is the only company authorized by NuStep, LLC, to participate in bids for NuStep products, and to provide training, installation and post-sale support related to all customers in Canada. This authorization is valid until December 31, 2024.

Manufacturer Information:
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Ann Arbor, MI 48108 USA
+1 734 418 1866

Authorized Representative
Ortho Canada
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+1 800 561 0310 x 1711

Please direct all inquiries regarding this letter of authorization to NuStep's International Sales Director, Ms. Linda Wojciechowicz, at 5111 Venture Drive, Suite 1, Ann Arbor, MI 48108 USA, tel: +1 734 418 1866.

Sincerely,

A handwritten signature in black ink, appearing to read 'Linda Wojciechowicz', with a stylized, cursive script.

Linda Wojciechowicz
International Sales Director
NuStep, LLC

Product Comparison Chart

Key Mechanical Features	T4r	T5	T5 ^{XR}	T6
360-degree swivel seat	●	●	●	●
Step-through design		●	●	●
Adjustable seat positions	Up to 15"	Up to 18"	Up to 18"	Up to 18"
Adjustable arm length positions	Up to 15"	Up to 18"	Up to 18"	Up to 18"
Adjustable reclining seat back			●	●
40-degree hand grip rotation			●	●
StrideLock®	●	●	●	●
Foot pedal straps			●	●
Grab ring support	●	●	●	Optional
Media shelf	●	●	●	●
Water bottle holder	●	●	●	●

Electronic Features	T4r	T5	T5 ^{XR}	T6
Resistance levels	10	15	15	15
Digital contact heart rate (handles)		●	●	
Polar (only) heart rate connectivity	●	●	●	
Bluetooth heart rate connectivity				●
Headphone jack				●
Self-powered / battery	●	●	●	
External wall power required				●
USB port for data export	●	●	●	●



Product Comparison Chart

Console/Program Options	T4r	T5	T5 ^{XR}	T6
LCD color display		●	●	
Dual-screen touch display				●
Quick Start / Manual mode	●	●	●	●
Profiles		●	●	
Pace Partner	●	●	●	●
Target Heart Rate			●	
Constant Speed / Power			●	
Exercise Protocol (Clinical setting only)			●	
Workout Charts				●

Product Specifications	T4r	T5	T5 ^{XR}	T6
Maximum user weight	400 lbs.	500 lbs.	600 lbs.	500 lbs.
Footprint (L x W x H)	60"x 27" x 45"	73" x 29" x 46"	73" x 29" x 46"	73" x 30" x 52"
Product weight	210 lbs.	285 lbs.	298 lbs.	285 lbs. - Pro 298 lbs. - Max
Seat back height	15"	19.5"	19.5"	19.5"
Standard seat 18" width	17"	●	●	●
Wide seat 22" width			Optional	Optional

Warranty	T4r	T5	T5 ^{XR}	T6
Frame	10 years	10 years	10 years	10 years
Parts	5 years	5 years	5 years	3 years
Labor	1 year	1 year	1 year	1 year



Institutional usage - Hospitals & Rehab

Abbotsford Regional Hospital
Adult Mental Health
Alberta Health Services
All Saints Springhill Hospital
Aphasia Centre of Ottawa
Arnprior & Dist. Memorial
Avc Aphasie Laval
Baycrest Centre for Geriatric
Beaufort-Delta Health
Beausejour District
Berwick Comox Valley
Bethesda Regional Health Center
Bloomington Cove-Pt Health
Bluewater Health
Bluewater Health (norman Site)
Blusson Spinal Cord Centre
Bob Macquarrie Recreation Comp
Brain Injury Association
Brant Community Health Care
Bridgepoint Hospital
Brock University
Brockville General Hospital
Brooks Health Centre - Palliser
Burman University
Burnaby Hospital
Cambellton Reg. Hospital
Camosun College
Capital District Health Authority
Centra Cam Vocational
Centre Valeo St. Lambert
Chatham-Kent Comm. Health Centres
Cheltengam Care Community
Chilliwack General Hospital
Chinook Regional Hospital
Chsld Juif de Montreal
City of Ottawa
Clsc Lachine Soutine
Coleman Care Centre
Collingwood General Marine Hospital
Community Carewest Care
Community Hospital O'leary
Comox Valley Hospital
Concordia Hospital
Concordia University
Constance-Lethbridge
Consultants de L'arctique
Continue on Next Page.
Cornwall Community Hospital
Coronation Hospital & Care Centre
Credit Valley Hospital
Credit Valley Hospital
Csss Cavendish-Hop. Richardson
Csss Des Aurores-Boreales Cscd
Csss Des Aurores-Boréales Cscd
Csss Du Haut St-Laurent
Cusm/muhc
Dauphin Regional Health Centre
David Thompson Health
Dept. National Defence
Dist. of West Van Aquatic Centre
Douglas Memorial Hospital Site

Dr. Leonard A. Miller Centre
Dryden Regional Health Centre
East Calgary Health Centre
Fisherman's Mem. Hospital
Foothills Medical Centre
Fort Macleod Health Centre
Francois Dupuis Rec. Centre
Gf Strong Rehabilitation Centre
Glengarry Memorial
Glenrose Rehabilitation Hospital
Grace Hospital
Grade Prairie Qeh Hospital
Grand River Community Health C
Grand River Hosp. Park St Recv
Grand River Hospital
Grey Bruce Health Services
Haida Gwaii Hospital
Hamilton Family Health
Hamilton General Campus - Hhs
Hamilton Health Sciences
Hamilton Health Services
Hanover District Hos
Health Sciences Centre
Health Sciences North
High River General Hospital
Holy Cross Cancer Centre
Holy Family Hospital
Hopital de Readaptation Villa Medica
Hopital General Juif
Hopital Juif de Readaptation
Hopital Lasalle
Hopital Regional D'edmundston
Hopital Regional Sud
Hornepayne Community Centre
Hotel-Dieu Grace Health Centre
Hotel Dieu Shaver / Rehab Health
Hsn/horison Sante Nord
Humber River Physio & Rehab
Humber River Reg. Hospital
Hôpital de Tracadie-Sheila
Interior Health Authority
Irglm - Pavillon Lindsay
Jim Pattison Outpatient Care
Juravinski Hospital Site
Kanata Leisure Centre
Kelowna General Hospital
Kitimat General Hospital
Kootenay Boundary Reg Hospital
L.a. Miller Centre
Lady Minto Hospital
Lakeridge Health Corp.
Lakeridge Health Whitby
Langley Memorial Hospital
Laurel Place, Fraser Health Authority
Lennox Addington Hospital
Lions Gate Hospital
Lunenburg County Ymca
Lyndhurst Hospital
Manitoulin Health Centre
Maple Ridge Leisure Center
March of Dimes

Markham Stouffville Hospital
Mattawa General Hospital
Mazankowski Heart Inst.
Mccausland Hospital
Mcgill University
Mcmaster University
Milton Hospital
Miramichi Regional Health Authority
Misericordia Community Hospital
Misericordia Health Centre
Mission Memorial Hospital
Mohak Council of Akwasasne
Mohawks of the Bay of Quinte
Moncton Hospital
Moose Jaw Union Hospital
Mount Hope
Multi Generational Housing and Com.
Nanaimo Regional General Hospital
New Regional Mental Health
Nh. Bulkley Valley District Hospital
Niagara College Welland Campis
North Bay Regional Health Centre
North East Specialized
Northern Haida Gwaii Hospital and
Health Centre
North Hamilton Health
North York General Hospital
Oakville Trafalgar Hospital
Oil Heritage Distric
Olds Hospital and Care
Ottawa Hospital - Civic Campus
Ottawa Hospital - General Campus
P.h.a.r.a.
Palliser Physical Therapy
Panorama Recreation
Parkwood Hospital
Parkwood Institute
Peace Arch Hospital
Peel Memorial
Pembroke Reg. Hospital
Perley-Rideau Health Centre
Pinecrest Recreation Complex
Post Stroke Care Program
Priest Valley Physio and Rehab
Propel Physiotherapy Inc.
Providence Care Hospital
Providence Health Care
Queen Elizabeth Hospital
Queens Park Care Centre
Queens Univ. School of Kin
Queensway Carleton Hospital
Queen's Park Care Center
Quinte Health Care
Quite Health Care, Belleville
Regent Park Community Centre
Reh-Fit Centre
Ridge Meadows Wellness Centre
Riverdale Health Centre
River Height Professional Bldg
Rockview General Hospital
Ross Memorial Hospital

Institutional usage - Hospitals & Rehab

Rouge Valley Health System
Royal University Hospital
Royal Victoria Regional Health
Runnymede Healthcare Centre
Saanich Peninsula Hospital
Saint-Vincent Hospital
Selkirk Mental Health Centre
Seven Oaks General Hospital
Sherbrooke Community Centre
Soins Continue Bruyere
Soiux Lookout Meno-Ya-Win
Somerset West Community Centre
South-East Health Care Corp.
South East Grey Community Centre
South Health Campus Hospital
Southlake Regional Health Centre
South Rivendale Community Centre
South Shore Health
South West Health
Specialty Care Granite Ridge
Specialty Care Mississauga Road
St. Francois Memorial Hospital
St. Josephs Hospital
St. Joseph's Continuing Care
St. Joseph's Health Centre
St. Thomas Elgin General
St Boniface General Hospital
Stettler Hospital
St John's Rehab, Sunnybrook
St Joseph's Hospital
Sun Country Health Region
Sunnybrook Health Sc. Centre
Support Services Facility
Surrey Memorial Hospital
Sylvan Adams Ym-Ymca
Temiskaming Hospital
The Dutchess Recreation Centre
The Guenther Dermatology Research
The Reg. Municipality of Halton
The Royal Ottawa Health Centre
Thunder Bay Reg Cardia Rehab
Tobique Valley Community Health
Toronto Rehab Institute
Toronto Western Hospital
Trillium Health Centre West
Trillium Health Partners
Ubc Hospital
University Health Network
University of Alberta
University of Pei
University of Waterloo
U of Waterloo - Central Stores
Upper River Valley Hospital
Vancouver Island Health
Vch - Mary Pack Arthritis Prog
Vecova Recreation Centre
Victoria General Hospital
Viha-Campbell River
Viha - West Coast General Hospital
Von Oxford
W. Ross Macdonald School

Weeneebayko Area Health Authority
Wellness Institute
Western Health Care Corp. Hospital
Western Hospital - W Prince Health
West Lincoln Memorial Hospital
West Park Healthcare Centre
West Parry Sound Health Centre
Wetawaskin Hospital
William Osler Health Cen. Bch
Wingham 7 District H
Woodspawk Centre
Worksafe Bc Health Care
Wsib Ontario
Ymca of Avalon
Ymca of Greater Moncton
Ymca of Hamilton
Ymca of Kelowna
Ymca of Lunenburg
Ymca of Southwestern Ontario

Seniors Residences

Ag South Centennial Manor	Fairview Nursing Home	Revera-Crofton Manor
Alexander Place	Fleetwood Villa Retirement Residence	Revera-Forest Hill Place
Amica At Douglas House	Fusger House	Revera-Kingsway
Amica At Dundas	Gef Seniors Housing	Revera-Landmark Court
Amica At Mayfair	Grace Villa	Revera-Le Waldorf
Amica At Oakville	Granite Ridge Care Community	Revera-Manior Ste Genevieve
Amica Britannia	Grove Park Home	Revera-Manoir Montefiore
Amica Riverside	Heritage Manor	Revera-Marian Chateau
Applewood Retirement Residence	Heritage Meadows	Revera-Mckenzie Towne
Atria-Arbour Lake	Highland Place	Revera- Meadowlands
Atria- Burlington Gardens	Hillel Lodge	Revera-Stittsville Villa
Atria- Chateau de Champlain	Hillsdale Terraces	Revera-Stone Lodge
Atria - Crystal View Lodge	Horizon Place Retirement Residence	Revera-The Bentley Moose Jaw
Atria- Longlake Chateau	Ih.duramd Manor	Revera-The Bentley Regina
Atria- Prince George	loof Seniors Home Inc.	Revera- the Bentley Swift Current
Atria - the Court At Barrhaven	John Noble Home	Revera-The Dorchester
Atria -The Court At Brooklin	Kanata Place	Revera-The Franklin
Atria- the View At Lethbridge	Kawartha Heights Retirement	Revera-The Waverly / Rosewood
Atria- Victoria Park	Labdara	Revera-The Wellington Retirement Res.
Aviva Canada	Lady Dunn Health Centre	Revera-The Westwood
Baptist Housing	La Maison Des Aines	Revera-Victoria Place
Baybridge Senior Living	Lambton Meadowville Villa	Revera Living - Donway Place
Berwick Comox Valley	Langs Community Centre	River Park Gardens
Berwick Royal Oak	Leisureworld O'connor Gate	Riverpark Place
Bethany Care Centre	Linhaven-Niagra	Riverside Place Long Term Care Residence
Bishop O'byrne Housing	Little Mountain Place	Riverside Residences on the Park
Bradford Valley Care Community	Luther Village on the Park	Ross Place-Allegro Retirement
Bradgate Arms	Maison Accueil - Sagesse	Russell Meadows Retirement
Brightwater Senior Living	Manitoulin Centennial Manor	Saskatoon Field House
Broadway Lodge	Manitoulin Lodge	Schlegel Villages - Tansley Woods
Bwsl of Stonebridge	Maplecrest Village	Seaforth Long Term
Calgary Jewish Centre	Maple View Lodge	Shalom Village Ltc
Cedarvale Care	Marshall Gowland Manor	Sheridan Villa
Cedarview	Mountainview Residence	Sioux Lookout Meno-Ya-Win
Cedervale Retirement Home	Mountain View Seniors Housing	St. Joseph's Continuing Care
Centennial Place	Muskoka Shores Care Community	St. Joseph's Villa
Centre le Royer	New Orchard Lodge	Stillwater Creek
Chelsey Park Retirement Home	One Care Home & Comm. Support	Sumac Lodge
Confederation Seniors Centre	Origin - Spring Creek	Sundial Lakeview Retirement
Copper Terrace Long Term Care	Oyen Seniors Lodge	Sun Parlor Home
Corner Brook Long Term Care	Paragon Place Lodge	Sunrise Retirement Home
Country Terrace Nursing Home	Park Place Retirement	Tender Care Nursing Home Ltd.
Covenant Care - Evanston Summit	Parkview Meadows Christian	Terrace Lodge
Covenant Health Youville Home	Pavillon Gingras	The Beechwood
Deer Lodge Centre	Princess Court	The Bentley Regina
Delmanor Glen Abbey	Queens Garden	The Co-Operators
Delmanor Prince Edward	Residence Au Fil de L'eau	The Village At University Gate
Elim Village Fleetwood	Residence Les Monarques	The Village of Arbour Trails
Errinrung Residence Retirement	Retirement Suites By the Lake	The Village of Aspen Lake
Evergreen Estate Lodge	Retirement Suites of Kawartha	The Village of Humber Heights
Extendicare - West End Villa	Revera- Appleby Place	The Village of Tansley Woods
Extendicare Coubourg	Revera- Bridalwood Manor	The Village of Taunton Mills
Extendicare Laurier Manor	Revera-Brookside Court	Timiskaming Home Support
Extendicare Port Hope	Revera-Cedarcroft Place	Trillium Manor
Extendicar Medex	Revera-Charlotte Villa	

Seniors Residences

United Active Living Inc.
Villa Colombo Serv for Seniors
Villa Colombo Vaughan
Viva Barrhaven
Viva Whitby Shores Retirement
Von Oxford
Wai Kwan Manor
Waterford Retirement
Waterside Retirement Community
Wellington House
White Rock Seniors Village
Wikwemikong Nursing Home
Willowbend Retirement Community
Woods Park Care Centre
Yucalta Lodge

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